

## **Inglis, Helen Roberta 17 April 1936 – 2 September 2022**

### **Testimony to the Grace of God in the Life of Helen Roberta Inglis**

Helen Roberta Inglis, only child of Ken and Eunice Thomas, was born 17th April 1936 in Adelaide.

On matriculating from Wilderness School Helen wished to be a librarian but was unable to enter the course as she was not yet sixteen. So, she got a job with an accountancy firm. Here a colleague advised her to 'never lose the ability to be so happy'. A constant description of all who knew her over many years was that she was a joyful, humorous and positive person despite the adversities in her life.

Helen gained her Bachelor of Economics and studied accountancy subjects part time while working and was a cheerful and wise asset to many businesses including YWCA and Resthaven as an auditor and in the community for various groups. The Victor Harbor Library was one of the many committees she belonged to...fulfilling her childhood desire in a small way to be a librarian.

Helen was married to Don Inglis for 43 years and had two daughters; Christine and Rosemary. Helen began attending Quaker Meeting for Worship at Port Elliot in 2004 and became a member in April 2012. Helen enjoyed talking and was amused to say that despite that she was quite capable of remaining silent. And indeed, she spoke of gaining a deep peace and inner stillness from Meeting for Worship.

She had a thirst for knowledge, read widely, followed current affairs keenly and was knowledgeable and open minded of other spiritual groups and enjoyed Buddhist retreats and Bahai meetings in particular.

Serious health problems in the last years of her life meant that Helen had to relinquish her drivers licence, her ability to attend concerts in Adelaide, involvement in many community activities and most social activities. She weighed each decision carefully and followed through with resilience and courage and without complaint as she let go of so many things she loved.

Helen was determined to ensure that her daughters were not burdened with her increasing disability and with her usual efficiency had written her biography, organised her funeral, said goodbye to her grandchildren and spoken to her doctor about ceasing medication. Her daughters described her death as being 'on her own terms and timeline'.

We give thanks for the grace of God in the life of Helen Inglis.

### **Minute of Record.**

A Testimony to Helen Inglis has been prepared by Christine Collins. We ask the clerk to forward a copy of this testimony to the Yearly Meeting Secretary for inclusion in the Dictionary of Quaker Biography.

South Australia Northern Territory Regional Meeting, Meeting for Worship for Business, 4 December 2022, Minute 4.

## **Minute of Record.**

We record the death of Helen Inglis who has attended Fleurieu Meeting for eighteen years. She died on 2nd September, having been a member since 2012. Christine Collins spoke at her memorial meeting and emphasised her deep and practical spirituality. We ask Christine and Bronte Collins (subject to consent) to prepare a testimony on her life.

South Australia and Northern Territory Regional Meeting, Meeting for Worship for Business, 2 October 2022, Minute 3.3.