

July 2017

Good morning Friends, from a very cold and frosty north west Tasmania. There is snow just over those hills to the south.

I am getting very excited about Yearly Meeting and attending our Winter School. We welcome some new Friends to our project - that is to say, new to my contact list and perhaps new to the Embroidery project.

These friends will be attending our Winter school: Annette Ormiston, Jo Ben-Tovim, Marion Sullivan, Julie Walpole, Alexandra-Rose Brosnan and Lisa Wriley. If you are new to the project, we are delighted to welcome you.

Junette Steffersen, Jennifer Man, Mary Loftus, Ann Rees and Chris Collins are members of the South Australian Friends in Stitches group who will be helping out at the Winter School, as much as they can, given the many other responsibilities the host Friends have to deal with.

At winter school Beth Harcourt will take us through the various stages of creating a panel. I am bringing my design which has been years in the pipeline and I am really hoping with the help of Beth and Robin Sinclair, to finalise the draft and get it onto the calico. That would be brilliant.

Beth is bringing her *Walking in the Light* panel and I am also bringing my work-in-progress, *Elizabeth Fry Retreat*. We hope you will do some stitches even if you are not at the winter school.

Tessa has been busy organising fabrics and frames and Cathy has sent all the panels to South Australia where they

will be on display. So much thanks to Tessa and Cathy.

We will be running a session for the children. Charles Stevenson will talk to them about the boys who suffered solitary confinement for refusing to take part in military exercises at school. The children and JYFs will come up with some illustrations of the story and make a start on designing this panel and do some stitching. Let's not forget that the whole idea of the Quaker Tapestry was started by an English boy at a Quaker Sunday School!

We'll see some of you at Yearly Meeting in Adelaide! The preparatory session about FiS is on the Monday.

Sally O'Wheel
Devonport Recognised Meeting
TRM

Errors in the June Newsletter

It's Elinor Robey, not Mobey and it's Colin Wendell-Smith. Thank you to Friends who alerted me to these errors.



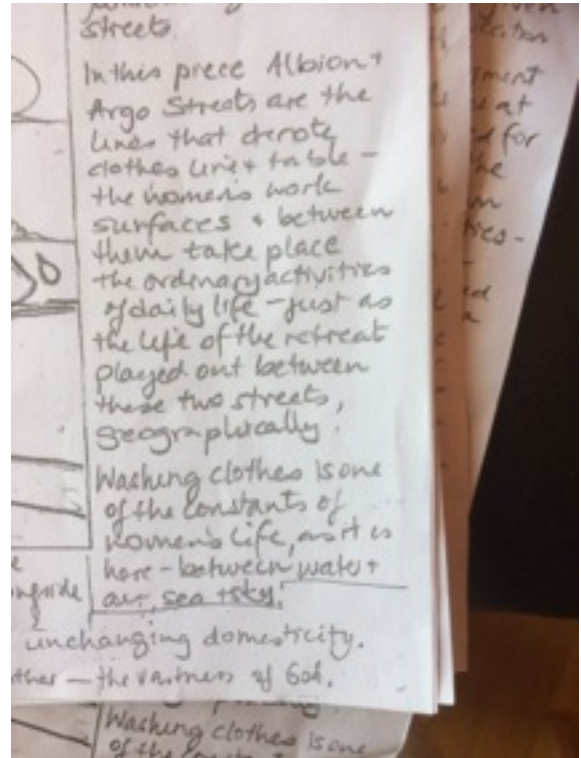
DESIGNING THE PANEL

by Robin Sinclair, with illustrations from the *Elizabeth Fry Retreat Panel*, designed by Nadine Frick.

1. Decide on the story you want to tell. Collect information, photos and any other reference materials. Keep them together in a folder. Decide on the title and the rest of the wording. (No more than 30 words.)

① In 1883, Sarah Swinburne founded the Elizabeth Fry Retreat. It was initially called the South Melbourne Home & operated out No. 25 Lang St in Prahran, changing its name to the Elizabeth Fry House in 1884 when it moved to No. 32 Albion St. In 1885 it moved to Argo Street in South Yarra. In 1914, on the Argo St

2. Hand everything to the person who has agreed to have a go at drafting the design, with any suggestions you might have.



3. Look at the draft and make any useful comments; then finalise it.

WHEN THE DESIGN IS FINALISED

1. The designer draws up the panel in black and white (50 x 60 cms)

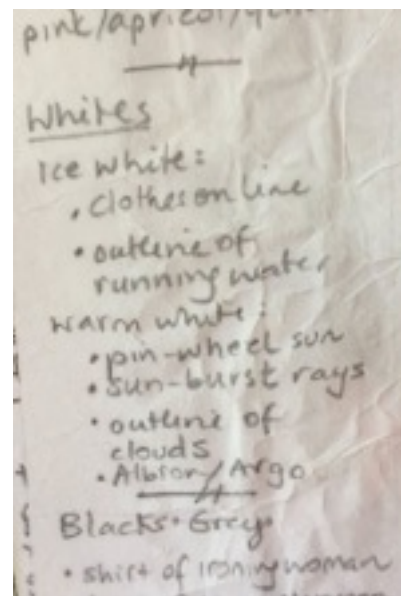
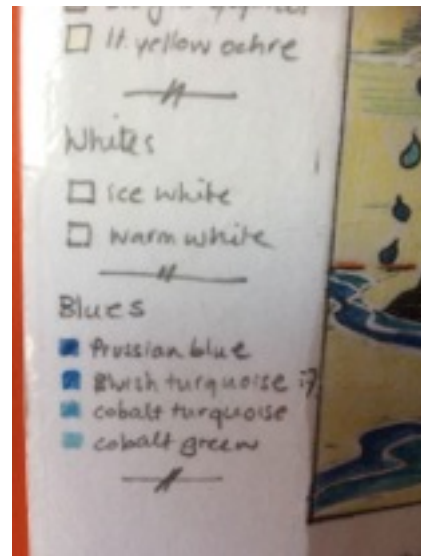


Two copies should be made: one to be used to transfer the design to the calico backing and one to be cut up for practise pieces.

2. A copy of the design in colour, on paper or card similar in colour to the woollen fabric, should be made and laminated so it's available at all times for reference.



DON'T start stitching on the panel before the design and colours are finalised, or before practice pieces have been done.



Please send photos, stories or news to sowheel@gmail.com by the end of July for the August newsletter.